

Workshop 11 – 12. November 2019

Cognitive Therapy for the treatment of psychotic disorders in adolescents

A two day workshop with **Professor Anthony Morrison** and **Dr. Samantha Bowe**

The workshop will outline a cognitive approach to the understanding and treatment of psychotic disorders in adolescents, including a present of the current research in support of this model. The training will assume some knowledge of and basic skills in cognitive therapy and some experience of working with people with psychosis. Specific issues to be covered include development of formulations, using these to derive intervention strategies, engagement and use of homework tasks.



Anthony Morrison is a psychologist and professor of Clinical Psychology at the University of Manchester, UK and associate director for Clinical Research at the Greater Manchester West. He has published several treatment manuals and more than 150 articles on cognitive approaches to understanding and treating psychosis.

Samantha Bowe is a researcher and clinical psychologist who has extensive clinical experience with delivering cognitive therapy, she is also a trainer and supervisor and coordinator in clinical trials.



Practical information

Time and place: 11-12th of November 2019 at DP, Stockholmsgade 27 lokale 2A, 2100 København Ø.

Day 1: 11th of November from 9.30 am to 5 pm. Day 2: 12th of November from 8.30 am to 4 pm.

Participants: Clinical psychologists and psychiatrists working in child- and adolescent psychiatry with young people with psychosis. Other clinicians in the field may apply, but a maximum of 25% of the participants can be non-academics.

Price: DKK kr. 2.000,- for members of SPBU, DKK 2.500,- for non-members.

Members of the Danish Psychological Association can apply for SPBU membership at spbu@dp-decentral.dk

Registration: Email to spbu@dp-decentral.dk with name, CPR/membership number, work affiliation and address.

Last day of registration: 10th of September 2019.

Course leaders: Ditte Lammers Vernal, Mette Raun & Linette Frølich Møller

Form of the workshop: The workshop focuses on clinical skills development with a variety of techniques, including overview of the current research, collaborative discussions, role-plays and video demonstrations.

Regarding requirements for specialization: Both lecturers are specialists in the field with extensive clinical and research experience. It is our expectation that the course meets the requirements from the Danish Psychological Association and can be approved in an individual application for specialization