

**Workshop 29<sup>th</sup> – 31<sup>st</sup> of August 2022 at Odin Havnepark, Odense**

**A 3-day workshop with Ask Elklit and David Trickey**

## **Trauma & PTSD in children and adolescents: Assessment and treatment**

Children and adolescents are exposed to trauma as are adults. As professionals, we must be able to distinguish between normal reactions to traumatic experiences, PTSD and other types of psychopathology and know which treatment to provide. The workshop aims to expand the knowledge of trauma reactions and PTSD in children and adolescents and provide knowledge and clinical insight as to how to treat these conditions.

Day 1 of the workshop with Professor Ask Elklit will provide an overview of research and knowledge on the assessment and diagnoses of trauma and PTSD, including complex PTSD. Clinical cases will be discussed to train our diagnostic skills and strengthen clinical assessment. On day 2 and 3 of the workshop with clinical psychologist David Trickey focuses on treatment of trauma in children and adolescents, using trauma-focused cognitive behavioral therapy.



**Ask Elklit** is a psychologist and professor of Clinical Psychology at the Institute for Psychology at the University of Southern Denmark where he initiated The National Center of Psycho-traumatology in 2009. He has worked with psycho-traumatology since 1985 and is the highest expert on the field in Denmark. He has conducted more than 100 studies related to psycho-traumatology and has also participated in the coming diagnostic guidelines regarding complex PTSD. In the 90ties, he was involved in establishing the first Danish center for victims of rape. He has also been very involved in the development of assessment models and tools and has more than 800 publications and research presentations.

**David Trickey** is a clinical psychologist who has specialized in working with traumatized children, adolescents, and their families for more than 20 years. He is involved in this work on all levels – working directly with traumatized youth, teaching, and supervising other professionals, supervising doctoral research, publishing research literature and influencing organizational structures. He was a member of the committee responsible for the 2018 revision of the NICE Guidelines for PTSD. Currently, he is affiliated with the Specialist trauma and Maltreatment Service at the Anna Freud National Centre for Children and Families in London and the co-director of the UK Trauma Council.



## Practical information

**Time and place:** 29 – 30<sup>th</sup> of August 2022 at Odense Havnepark, 5000 Odense

- Day 1 with Ask Elklit (conducted in Danish): 29<sup>th</sup> of August from 9.30 am to 5 pm.
- Day 2 & 3 with David Trickey (conducted in English): 30<sup>th</sup> and 31<sup>st</sup> of August from 8.30 am to 4 pm.

**Participants:** Clinical psychologists and psychiatrists working with child- and adolescents and trauma. Other professionals in the field may apply, but a maximum of 25% of the participants can be non-academics.

**Price:** DKK kr. 3.000, - for members of SPBU, DKK 4.000, - for non-members.

Members of the Danish Psychological Association can apply for SPBU membership at [spbu@dp-decentral.dk](mailto:spbu@dp-decentral.dk)

**Registration:** Email to [spbu@dp-decentral.dk](mailto:spbu@dp-decentral.dk) with name, CPR/membership number, work affiliation and address. Last day of registration: 25<sup>th</sup> of July 2022

**Course leaders:** Ditte Lammers Vernal & Mette Raun, both psychologists with specialization in child- and adolescents psychiatry.

**Form of the workshop:** At the course the participants will learn how to assess, evaluate, and diagnose trauma and PTSD and how to use trauma-focused cognitive behavioral therapy in the treatment of children and adolescents who have experienced trauma. The form will be a combination of lectures providing an overview of the current knowledge and to a high degree also focus on the development of clinical skills through role-plays, demonstrations, and collaborative discussions.

**Regarding requirements for specialization:** Both lecturers are psychologists and specialists in the field with extensive clinical and research experience. It is our expectation that the course meets the requirements from the Danish Psychological Association and can be approved in an individual application for specialization